

STUDENTS GUIDE

FOUNDATION PROGRAMME FOR LITERACY,
NUMERACY AND SKILLS

INSTRUMENTAL MUSIC

GRADE 9

TITLE : MUSICAL COMPOSITIONS

**MOE
MAHATMA GANDHI INSTITUTE
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GRADE 9

STUDENT'S WORKSHEET

TITLE :

MUSICAL COMPOSITIONS



INSTRUMENTAL SITAR

INTRODUCTION

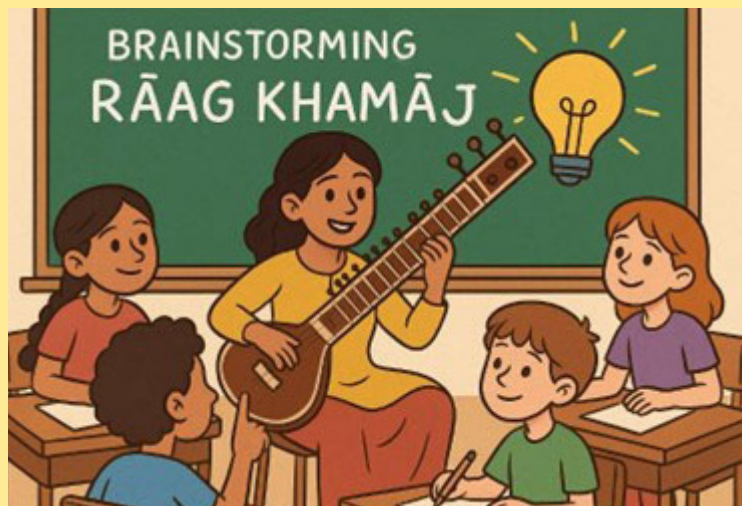
In this activity, you'll get a chance to **revise** and **consolidate** what you have learnt in Lesson 3 about *Raag Khamāj*, a popular evening raag in Indian Classical Music. It has a sweet and graceful mood that expresses beauty and emotion. You will recap its basic structure, important notes, and simple melodic phrases, and then practise playing the *Antarā* on the sitar.

As you play, you'll sharpen your listening skills, improve your finger techniques, and feel more confident while performing.

Activity 1

Recap of *Raag Khamaj*

- Work in pairs or groups to brainstorm the main features of *Raag Khamāj* that you learned in Lesson 3.
- Pay special attention to the note "Ni." Remember, this raag uses both versions of Ni – but the **komal (flat) Ni** is used in the *Avroha*.



Activity 2

Warm-Up Exercises

- Review and practise how to play the *Aroha*, *Avroha*, and *Pakad* of *Raag Khamāj* using the correct fingering techniques.
- Observe demonstration by your teacher carefully, then repeat and play continuously as a warm-up exercise.

Aroha: S G M P D N Ś
Avroha: Ś Ṇ D P M G R S
Pakad: Ṇ D, M P D – M G, P M G R S

Activity 3

Playing the Musical Composition

- First, your teacher will demonstrate the 1st line of *Antara* with appropriate stokes on the sitar, playing it slowly so that you can follow each part.
- Then, you will play the 1st line of *Antara* on your own sitar, trying to reproduce the same notes, strokes, finger positions, hand technique, and expression.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
G	<u>MM</u>	P	D	N	Ś	N	Ś	N	<u>ŚŚ</u>	<u>ṚṚ</u>	<u>ŚŚ</u>	<u>N-</u>	<u>ND</u>	<u>-P</u>	D
d	dir	d	r	d	r	d	r	d	dir	dir	dir	d-	rd	-r	d
X				2				0				3			

- Repeat the above steps for 2nd line of *Antara*

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
P	<u>DD</u>	P	<u>Š</u>	<u>N</u>	<u>N</u>	D	P	G	<u>MM</u>	<u>PP</u>	<u>DD</u>	<u>P-</u>	<u>PM</u>	<u>-M</u>	G
d	dir	d	r	d	r	d	r	d	dir	dir	dir	d-	rd	-r	d
X				2				0				3			

Activity 4

Sequence of a Musical Composition

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
<i>Sthayi</i>															
N	<u>ŚŚ</u>	N	Ś	N	N	D	P	G	<u>MM</u>	<u>PP</u>	<u>DD</u>	<u>P-</u>	<u>PM</u>	<u>-M</u>	G
d	dir	d	r	d	r	d	r	d	dir	dir	dir	d-	rd	-r	d
<i>Manjha</i>															
G	<u>MM</u>	G	S	N	<u>SS</u>	G	M	P	<u>DD</u>	<u>NN</u>	<u>DD</u>	<u>N-</u>	<u>ND</u>	<u>-P</u>	D
d	dir	d	r	d	dir	d	r	d	dir	dir	dir	d-	rd	-r	d
<i>Antara</i>															
G	<u>MM</u>	P	D	N	Ś	N	Ś	N	<u>ŚŚ</u>	<u>ŘŘ</u>	<u>ŚŚ</u>	<u>N-</u>	<u>ND</u>	<u>-P</u>	D
d	dir	d	r	d	r	d	r	d	dir	dir	dir	d-	rd	-r	d
P	<u>DD</u>	P	Ś	N	N	D	P	G	<u>MM</u>	<u>PP</u>	<u>DD</u>	<u>P-</u>	<u>PM</u>	<u>-M</u>	G
d	dir	d	r	d	r	d	r	d	dir	dir	dir	d-	rd	-r	d
X				2				0				3			

- Watch your teacher's demonstration of the full *Razakhani Gat* in Raag Khamāj, shown in the following sequence.

1	Play the <i>sthayi</i> twice.
2	Play the <i>manjha</i> once.
3	Repeat the <i>sthayi</i> twice.
4	Play the first line of the <i>antara</i> twice.
5	Play the second line of the <i>antara</i> once.
6	Repeat the <i>sthayi</i> once.

- After observing, **play the entire composition** from start to finish in one go, following the guided practice.

PROFILING: (Tick Appropriately)

Lesson 6- Musical Compositions; MY PROGRESS?

			
	Good	Satisfactory	Needs Improvement
What have I Learnt?	Instrumental Sitar – Raag Khamaj		
Play Aroha, Avroha and Pakad accurately			
Play Antara accurately			
Play whole Razakhani Gat accurately			
Play all musical phrases with correct strokes			
Use correct fingering technique			
Keep and maintain a consistent steady tempo			
Adopt a good sitting/ holding posture and demonstrate good handling of instrument			



INSTRUMENTAL TABLA

INTRODUCTION

In this lesson you will be introduced to the syllable **Tit Kit**. You will learn how to play syllable **Tit Kit** using correct hand placement and fingering techniques.

You will also be introduced to **Kaida**, a structured composition that is played systematically and in a very methodical manner. It is built from selected bols that follow specific rules. Through demonstration and guided practise, you will develop accuracy, coordination, and a strong sense of laya (tempo) while playing this rhythmic composition.



Activity 1

Prior knowledge

- You will be required to explain the term Kaida and list its rules
- Recall and practise basic exercises and the kaida of syllable **Tit Kit**.



Activity 2

Bol Tiṭ Kiṭ

- Observe and listen carefully as your teacher explains the execution of the syllable **Tit Kit**.
- Practise few exercises of the syllable **Tit Kit** so as to gain syllabic clarity.

Activity 3

Recite, Count and Play a simple Kaida of Tit Kit set to Teentaal

- Under your teacher's guidance, practise the padhant (spoken recitation) of the Kaida in ekgun (single speed) and dugun (double speed).
- After understanding the structure, listen carefully as your teacher breaks the Kaida into smaller 4-matra phrases.
- Practise each phrase separately until you can play it clearly, then join the phrases together to play the full Kaida.
- Move on to the padhant of each Palta, practising them one by one, followed by the Tihai.
- Finally, play the composition systematically
Start with the Theka of Teentaal → play the Kaida in ekgun → then dugun → practice the Paltas → finish with the Tihai.

Matra	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Theka	Dha	Dhin	Dhin	Dha	Dha	Dhin	Dhin	Dha	Dha	Tin	Tin	Ta	Ta	Dhin	Dhin	Dha
Taal Signs	X				2				6				3			
Kaida (Ekgun)	Dha	Dha	Ti	Ki	Dha	Dha	Tin	Na	Ta	Ta	Ti	Ki	Dha	Dha	Dhin	Na
Kaida (Dugun)	DhaDha	TaKi	DhaDha	TinNa	TaTa	TaKi	DhaDha	DhinNa	DhaDha	TaKi	DhaDha	TinNa	TaTa	TaKi	DhaDha	DhinNa
Palta 1	DhaDha	TaKi	DhaDha	TaKi	DhaDha	TaKi	DhaDha	TinNa	TaTa	TaKi	TaTa	TaKi	DhaDha	TaKi	DhaDha	DhinNa
Palta 2	DhaDha	TaKi	TaKi	DhaDha	DhaDha	TaKi	DhaDha	TinNa	TaTa	TaKi	TaKi	TaTa	DhaDha	TaKi	DhaDha	DhinNa
Palta 3	DhaDha	DhaDha	DhaDha	TaKi	DhaDha	TaKi	DhaDha	TinNa	TaTa	TaTa	TaTa	TaKi	DhaDha	TaKi	DhaDha	DhinNa
Tihai	DhaDha	TaKi	DhaDha	DhinNa	Dha\$	\$S	DhaDha	TaKi	DhaDha	DhinNa	Dha\$	\$S	DhaDha	TaKi	DhaDha	DhinNa
Taal Signs	Dha	X			2				6				3			

PROFILING: (Tick Appropriately)

Lesson 6- Musical Compositions; MY PROGRESS?

			
	Good	Satisfactory	Needs Improvement
What have I Learnt?	Instrumental Tabla - Kaida of Tit Kit		
1. Explain the term <i>Kaida</i>			
2. List the 4 rules of a Kaida			
3. Play the syllable Tit Kit with the proper techniques			
4. Systematically play the Kaida of Tit Kit set to Teentaal			
5. Keep and maintain a consistent steady tempo			



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